

## **Bowmoor Sailing Safety Policy**

### **Buoyancy Aides**

Buoyancy aides must be worn at all times when you are afloat or on the jetties. This includes Windsurfers.

### **Weather / Sailing Competence**

The decision as to whether it is safe to go sailing has to be made by you or in the case of juniors by the parent or guardian.

### **Capsize**

You should be capable of righting your own boat. If rescue boats are on the water their prime responsibility is to rescue people.

### **Buddies**

We recommend that people should sail, canoe, windsurf or swim in pairs.

### **Clothing**

You should wear appropriate clothing for the activity that you are undertaking and wetsuits or drysuits must be worn during the winter months. Brightly coloured swim caps should always be worn by swimmers and they should not swim in the vicinity of any boats.