

BOWMOOR SAILING CLUB – Sailing Instructions for Open Meetings – July 2015

1. Rules and organisation

- 1.1 Racing will be governed by the rules as defined in the Racing Rules of Sailing and in accordance with the principles of the RYA Racing Charter
- 1.2 The Race Committee consists of the Officer-of-the Day (OOD), the duty team, and any additional people that they may co-opt.

2. Conditions of Sailing and Racing

- 2.1 A boat is entirely responsible for its own safety, whether afloat or ashore, and nothing, whether in the Notice of Race or Sailing Instructions or anywhere else reduces this responsibility. It is for the boat to decide whether it is fit to sail in the conditions in which it will find itself. By launching or sailing, the boat confirms that it is fit for those conditions and that its crew is competent to sail and compete in them.
- 2.2 The provision of safety boats does not relieve the sailing boat of its responsibilities.
- 2.3 Nothing done or not done by the organisers can reduce the responsibility of the boat nor will it make the organisers responsible for any loss, damage, death or personal injury, however it may have occurred, as a result of the boat taking part in the racing. The term “organisers” encompasses everyone helping to run the race and the event, and includes the organising authority, the race committee, the race officer, safety boat crews and beachmasters.
- 2.4 When the race committee considers that a competitor is in difficulty, it may instruct the competitor to accept help, retire, or sail ashore (changes rule 4).
- 2.5 The boat is required to hold adequate insurance and in particular to hold insurance against third-party claims in the sum of at least £2,000,000.
- 2.6 Competitors are eligible to race only after completing an entry form and having their entry accepted by the Race Committee.
- 2.7 **Buoyancy.** An adequate personal flotation device, correctly fastened, shall be worn at all times when afloat or on jetties (changes rules 1.2 and 40). Wet/dry suits do not constitute adequate personal buoyancy.
- 2.8 **Clothing.** Wet or dry suits that cover the trunk and legs from the neck to the calves shall be worn at all times when afloat during the period 1st November until 31st March inclusive.
- 2.9 Wellington-type boots shall not be worn when sailing or on safety-boat duty.

3. Notices to Competitors; Signals made ashore

- 3.1 Notices to competitors will be posted on the official notice board located under the race control hut.
- 3.2 Any change in the Sailing Instructions will be posted on the official notice board and flag L will be displayed at the race control hut 20 minutes before the starting time of the first race affected.
- 3.3 Signals made ashore will be displayed on the flagstaff at the race control hut.

4. Schedule and Class flags

- 4.1 The class flags will be as shown in the Notice of Race or otherwise on the official notice board.
- 4.2 The start time of the first race and subsequent races will be as shown in the Notice of Race. If not shown in the Notice of Race the start times of the first and subsequent races will be shown on the official notice board not later than 30 minutes before the start of each race.

5. Courses and Marks

- 5.1 The course to be sailed will be posted either;
 - a) on the race control hut course board not later than 20 minutes before the starting time of the first race or
 - b) on the course board on the committee boat not later than the warning signal for each race
- 5.2 Marks are to be rounded in the sequence displayed on the course board. The required side for each mark is denoted by the course board text colour: red (port) or green (starboard).
- 5.3 Marks of the course will be selected from fixed club marks (see plan on page 2) and/or movable marks V, W, X, Y, Z.
- 5.4 The starting mark will be a spherical orange buoy marked “S”.
- 5.5 An inner distance mark (if used) will be a dan buoy.
- 5.6 The number of laps may be shown in black text on a white background and if shown will be posted adjacent to the course to be sailed. If the number of laps is not displayed then it is to be 10 laps.

6. Starting System, Starting Line and Finishing Line

- 6.1 Races shall be started using the following signals. Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded.

<i>Minutes before starting signal</i>	<i>Signal</i>	<i>Flag</i>	<i>Sound</i>
5	Warning	Class flag	1 sound
4	Preparatory	Flag P or I or Z or Black	1 sound
1	One minute	Preparatory flag removed.	1 sound
0	Starting	Class flag removed.	1 sound

When starting multiple classes, the warning signal for each succeeding class shall be made with the starting signal of the preceding class.

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6.2 The starting line will be either:

- between the gold mast on the race control hut and mark “S”, or
- between the mast on the committee boat displaying an orange flag and mark “S”.

The finishing line will be either;

- between the gold mast on the race control hut and mark “S”, or
- between the mast on the committee boat displaying an orange flag and mark “S” or a mark of the course.

Inner distance mark (IDM): An IDM ranks as a mark. When an IDM is laid near the start or finish line, boats shall start or finish by passing between the IDM and mark “S”.

7 Recalls

7.1 **Individual Recalls.** Rule 29.1 will apply. (one additional sound signal and flag X displayed)

7.2 **General recalls.** Rule 29.2 and race signal First Substitute are amended.

- Single or last start in sequence: One minute after flag First Substitute is lowered (one sound), the warning signal will be displayed together with one sound signal.
- Other starts in progress: Flag First Substitute will be flown for four minutes after which it will be lowered without a sound signal. The recalled class will restart 5 minutes after the last scheduled start and any previously recalled class.

8 Shortening Course

8.1 When the course is shortened (for one or all classes), all designated boats finish the race when they next reach the finishing line. For class races, boats that have completed fewer laps than the leader will be placed accordingly; for handicap classes, the corrected time calculation will take account of the actual lap count.

9 Time Limits

9.1 The time limit for the first boat to finish in each race is 90 minutes.

10 Protests

10.1 The time limit for the receipt of completed protest forms is 30 minutes after the last boat has finished the race or the last of back-to-back races. Completed protest forms shall be returned to the Race Committee in the race control hut.

10.2 Protests will be heard as soon as possible after receipt by the Race Committee.

11 Scoring and Prizes

11.1 The low point scoring system of Appendix A will apply.

11.2 For handicap races corrected times will be calculated to the nearest integer as follows:

$$\frac{(\text{Elapsed time in seconds}) \times (\text{Laps sailed by fastest boat}) \times 1000}{(\text{Portsmouth Number}) \times (\text{Actual laps sailed})}$$

11.3 For handicap races the current RYA Portsmouth Numbers will be used except as modified by the Sailing Committee.

11.4 Races to count will be as shown in the Notice of Race. If not shown they will be in accordance with rule A2 except that no score will be excluded until three races have been completed.

12 Racing Area

PLAN
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